



Advances in Diabetes & Obesity Management 2023

FRIDAY, AUGUST 25TH • 8 AM - 5 PM
SATURDAY, AUGUST 26TH • 8 AM - 10 AM

Courtyard by Marriott Iowa City University Heights
901 Melrose Avenue, Iowa City, Iowa

OVERVIEW

This 1.5 day activity is designed to increase the health care team's ability to recognize the progress made in understanding the disease process, therapy and testing for diabetes, obesity, and its complications. It aims to discuss strategy to maximize benefits and minimize harms of new therapy and diagnostics for obesity, diabetes, and its complications.



Scan for agenda
and registration

TARGET AUDIENCE

Specialties - Family Medicine, Internal Medicine, Endocrinology

Professions - Dietitian, Nurse, Nurse Practitioner, Physician, Physician Assistant

CONTINUING EDUCATION CREDITS

AMA PRA Category 1 Credits™ (8.25 hours)

Non-Physician Attendance (8.25 hours)

CDR CPEU (8.25 hours), ANCC Contact Hours (8.25 hours)

OBJECTIVES

- Discuss diverse dietary interventions for the management of obesity
- Discuss the indications for use of CGM and describe the various type of CGMs
- Describe the various types of and discuss how to calculate insulin dose and make adjustments
- Identify the tools in bariatric endoscopy currently available for management of obesity
- Describe automated insulin delivery functionality in currently available insulin pumps
- Discuss nutrition recommendations and discussions for people living with diabetes
- Implement strategies to reduce clinical inertia in the treatment of patients with type 2 diabetes.
- Explore unequal burdens of obesity in our society for racialized populations
- Discuss efficacy and mechanisms of recently developed and current investigative therapies for diabetes and obesity, with a perspective on emerging theories of weight and metabolism control

PROGRAM COMMITTEE

Yumi Imai, MD

Marcelo Correia, MD, PhD, MsC

Bianca Carlson, PA-C

Julie Eichenberger, PhD, RDN, LD

Katie Robinson, MD, PhD

7:45 AM Welcome

8:00 How to Optimize Diabetes Management with CGM and Insulin Therapy

Continuous glucose monitoring therapy

Bianca Carlson, PA-C

Insulin Therapy

Adeyinka Taiwo, MD

9:10 Dietary Management of Obesity

Marcelo Correia, MD, PhD

9:50 Break

10:10 Keynote Presentation: Precision Medicine for Obesity-optimizing Obesity Management Based on Pathogenesis

Andres Acosta, MD, PhD

11:20 Endoscopic Management of Obesity

Mohamad Mokadem, MD

12:10 PM Lunch break

1:00 Inclusive care for diabetes and obesity: Medical Inertia in Diabetes Management

Ayotunde Dokun, MD, PhD, FACE

Obesity and Weight Stigma in Racialized Populations: A Double Burden

Katie Robinson, MD, PhD

2:10 Patient Advocate

Logan Moeller, MHA

2:40 Break

2:55 Obesity and Type 2 Diabetes in Youth

Vanessa Curtis, MD

3:30 Diabetes and Obesity Treatment in 2023 and Beyond

Brian O'Neill, MD, PhD

4:10 Reflection on the Current Status of Diabetes and Obesity Management

Yumi Imai, MD

4:25 Adjourn

- 8:00 AM Use of Automated Insulin Delivery with Insulin Pump Technology**
Sheila Wayson, RN, BSN, CDCES
- 8:35 How we approach patients at the weight management clinic.**
Katherine White, MD, MME, FACP
- 9:10 Nutrition-related clinical pearls for diabetes management**
Lori Schreier, RDN, CDCES
- 9:45 CME Section Summary**
Q & A and Summarizing Learning Points Presented on Day 2
Yumi Imai, MD
- 10:15 Closing Remarks**
Yumi Imai, MD
- 10:30 Adjourn**

There is non-accredited education hosted by DEXCOM between 11-12:30 in the Heights Rooftop Ballroom and Patio.

ACCREDITATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the

American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 8.25 ANCC contact hours.

Dietitian:



Completion of this RDA/CTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is diabetes-related but not targeted to RDs or CTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and CTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

Other Provider: All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

FACULTY

Andres Acosta, MD, PhD

Associate Professor of Medicine
Gastroenterology and Hepatology
Co-director, Nutrition Obesity Research Program
Director, Precision Medicine for Obesity Program
Mayo Clinic—Rochester, MN

Bianca Carlson, PA-C

Physician Assistant
University of Iowa Health Care
Iowa City, IA

Marcelo Correia, MD PhD

Clinical Assistant Professor
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Vanessa Curtis, MD

Clinical Associate Professor of
Pediatrics-Endocrinology and Diabetes
Stead Family Department of Pediatrics
University of Iowa Health Care
Iowa City, IA

Ayotunde Dokun, MD, PhD, FACE

Professor and Director
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Yumi Imai, MD

Professor
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Logan Moeller, MHA

Senior Manager of Professional
Education and Engagement
American Diabetes Association
Person with Type One Diabetes (10+ yrs)

Mohamad Mokadem, MD

Associate Professor
Division of Gastroenterology and
Hepatology
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Brian O'Neill, MD PhD

Associate Professor
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Kathleen Robinson, MD, PhD

Associate
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Lori Schreier, RDN, CDCES

Clinical Dietitian and Certified Diabetes
Care and Education Specialist
VA Medical Center
Iowa City, IA

Adeyinka Taiwo, MD

Associate
Division of Endocrinology & Metabolism
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

Sheila Wayson, RN BSN, CDCES

Staff Nurse - Diabetes Management
University of Iowa Health Care
North Liberty, IA

Katherine White, MD, MME, FACP

Clinical Associate Professor
Division of General Internal Medicine
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA

HOTEL

A block of rooms has been reserved at the Courtyard by Marriott. Participants are responsible for making their own reservation. A limited number of rooms at conference rate are available until Sunday, July 23, 2023.

Reserve online or by scanning the QR Code.

<https://www.marriott.com/events/start.mi?id=1688738210759&key=GRP>



Other housing options can be found by contacting the Iowa City/Coralville Convention and Visitor bureaus (<https://thinkiowacity.com>) at 800-283-6592.



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REGISTRATION

2023 Advances in Diabetes & Obesity Management
August 25-26, 2023

Please Print clearly

Name_____

Primary Degree_____Specialty_____

Address_____

City_____

State/Zip_____

Phone_____

Email_____

Company/Business Name_____

BOTH DAYS / FRIDAY ONLY

☐ Physician @ \$200 \$_____

☐ Nurse, Physician Assistant, Pharmacist @ \$150 \$_____

☐ Other Diabetes Health Professional @ \$100 \$_____

☐ Student @ \$50 \$_____

SATURDAY ONLY

☐ Physician @ \$30 \$_____

☐ All Others @ \$15 \$_____

METHOD OF PAYMENT

☐ Enclosed is a check payable to **The University of Iowa** \$_____

TWO WAYS TO REGISTER



Online:

[https://medicine.
uiowa.edu/cme/](https://medicine.uiowa.edu/cme/)

(Click on Upcoming Programs)



Mail (checks only):

University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52242-1101